

Divine Connection:

*Hypnotherapy & Numerology for
Healing & More*

INTERCONNECTION

Written by Donetta Huffman

Numerology is more than a way to decode your personality — it's a gentle map to the lessons your soul has carried through time. When we study our Life Path and other core numbers, we begin to see patterns that stretch across lifetimes: the challenges you keep encountering, the strengths you return to, and the invitations to grow that have followed you from one incarnation to the next.

Your Life Path often points to tests you've been set for many eons. Sometimes we meet those lessons and learn them; other times we miss the message or avoid the work altogether. The good news? Awareness is the first courageous step. Choosing to move toward the positive expression of your numbers — even when it asks you to change long-ingrained habits — is exactly how transformation begins.

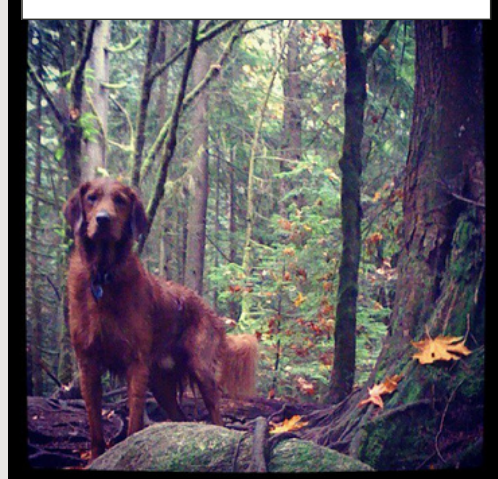
Over years of studying numerology and experiencing past-life regressions, I've witnessed a beautiful truth: souls travel together. I've found people who have been with me across multiple lifetimes — relatives, loved ones, even strangers who felt instantly familiar. That instant knowing when you meet someone? Often it's a recognition from shared journeys in previous lives. Those meetings can be powerful catalysts for growth and healing.

Remember: you are a work in progress, and you don't have to figure everything out at once. Sometimes the answers you've been seeking are already whispered in your numbers; sometimes they reveal themselves slowly, through practice and reflection. If you're curious to uncover why you resonate with certain lessons, or who you may have traveled with before, exploring your numerology can open doorways to those discoveries.

If this sparks something in you, consider this your invitation to begin — one small step, one class, one reading — toward understanding the soul story hidden in your numbers.

WHAT'S IN THIS MONTH'S ISSUE:

- My First Past Life Regression
- Interconnection
- Upcoming Events



MY FIRST PAST LIFE REGRESSION:

My first experience with past life regression happened while I was doing an event at The Green Man in North Hollywood, CA. A woman I met there suggested a trade—I would give her a numerology session, and she would guide me through a past life regression. I was curious, especially since numerology itself connects to past lives, but I wasn't sure anything would happen. To my surprise, almost immediately I slipped into a vivid scene: I was a young girl with long black hair, dressed in furs, standing in a snowstorm. Lost and alone except for an Eskimo-type dog by my side, I felt her sadness and fear as she searched for safety. Knowing she would not survive, she huddled with the dog as her life came to an end.

The next vision was what I call my "Eight Maids A-Milking" life. Again, I was a young girl, this time working as a kitchen helper. I could see the men returning from a hunt in red coats with packs of barking dogs. I threw scraps out the window to the dogs, and in an instant, chaos broke out—they fought violently, and my arm was nearly torn off. The room erupted in panic as people tried to save me while I cried, begging them not to hurt the dogs because it was my fault. The intensity of that moment brought the life to its close.

What struck me most was how these experiences connected to my present life. My son once brought home a Golden Retriever named Kentucee, and as soon as I saw him, I recognized the dogs from those regressions. Though I'd never wanted a dog before and always thought of myself as more of a cat person, Kentucee became incredibly special to me. I spoke to him as if he were human, and we shared a deep bond until he passed at 11 years and 3 months. That first regression opened the door to many more—I've now had over 50, and each one reveals exactly what I need at the time. I invite you to experience a past life regression yourself—you never know what you'll discover.

Upcoming Events



WWW.SEARCHINGTHEDIVINE.COM

AWAKENING YOUR LIFE PATH - 30 Day Challenge

October 26th; 1-2PM EST

Awakening Your Life Path — a transformative 30-day challenge designed to deepen your connection to what you came to do in this lifetime.

For \$40, you'll receive your individual Life Path Awakening book (\$20 value).

Join a 4-week live Zoom series, where we'll explore your insights, share reflections, and activate the next steps on your spiritual path. You can also drop into the zoom class for only \$5.

HYPNOSIS: FEARS & PHOBIAS

October 26th; 2-3:30PM EST

Let go of what's been holding you back. In this guided group hypnosis, you'll enter a relaxed state to release fears, ease phobias, and reprogram your mind for calm and confidence. No experience needed — just bring an open mind.

\$30

-In Person-

Fire Ceremony (FREE EVENT)

4PM - 5PM

Join us for a fire ceremony of reflection, release, and renewal. Through song, prayer, and guided ritual, we'll honor the Earth, set fresh intentions, and let go of what no longer serves. Materials are provided—just bring an open heart and dress comfortably for this outdoor gathering.

-In Person-



COMING SOON THIS NOVEMBER

Pet Numerology

Pet Numerology offers insight into your animal companion's unique personality, purpose, and bond with you by using their name and birth date. Discover what drives your pet, understand their needs on a deeper level, and strengthen the spiritual connection you share.

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